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# **Co-incorporation of strontium and fluorine into diopside scaffolds: bioactivity, biodegradation and cytocompatibility evaluations**

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## **Abstract**

This study focuses on the effect of Sr-, F-, and their co-doping on the structure, biodegradation, bioactivity and cytocompatibility of diopside-based scaffolds, using X-ray diffraction, Raman spectroscopy, field-emission scanning electron microscopy, Archimedes densitometry, inductively coupled plasma spectroscopy, pH-metry, and cell MTT assay. The structural characterization of the scaffolds confirmed the successful incorporation of the dopants into the ceramic. In addition, all the doped scaffolds presented higher apatite-forming ability levels in comparison to the undoped one, where the highest and the least impact of doping on bioactivity belonged to F- and co-doping, respectively. It was found that the biodegradation difference of the scaffolds in terms of principal ions and the chance of F-incorporation into precipitated apatite determine the bioactivity difference of the samples. Osteoblast-like MG-63 cells exhibited the highest and lowest compatibility to the Sr-doped and co-doped scaffolds, respectively. In summary, F- and Sr-doping offered the highest

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bioactivity and cytocompatibility, respectively, whereas co-doping presented the weakest behaviors comparatively.

**Keywords:** Tissue Engineering Scaffolds; Diopside; Doping; Bioactivity; Cytocompatibility

## 1. Introduction

In the past decades, due to the increase of the world's elderly population, age-related diseases like osteoporosis and bone fragility have been increased. Hence, new biomaterials, substituting for damaged tissues and stimulating repair and regeneration mechanisms, are required. In this regard, three-dimensional (3D) porous scaffolds can be designed for the reconstruction and repair of damaged tissues. For bone tissue regeneration, biomaterials like Mg-containing bioactive silicates are of great interest, due to the possession of proper mechanical properties, bioactivity, and biocompatibility [1-5]. Akermanite, Bredigite, Forsterite, Merwinite, Monticellite, Proto-enstatite, and Pyroxene exemplify Mg-containing silicates. Another member of these bioceramics is Diopside ( $\text{CaMgSi}_2\text{O}_6$ ) which can be utilized in tissue engineering applications, with the typical advantages of suitable mechanical properties, biocompatibility, cell adhesion, proliferation, and differentiation [6-8].

The presence of the high level of magnesium in diopside stimulates the formation of new bone and increases the adhesion and stability of bone cells [9, 10]. However, the excessive amount of magnesium retards the apatite-forming ability of bioceramics [11]. Indeed, a high release level of Mg ions from Mg-containing ceramics into the SBF impedes the apatite-forming ability of the bioceramics [12]. Because of this, diopside does not demonstrate high bioactivity [2, 6, 13-16], where the rising demand for the usage of this bioceramic in the bone tissue engineering field needs more improvements in this property.

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To improve the apatite-forming ability of diopside, doping of suitable ions which can limit Mg liberation can have a positive effect. On the one hand, strontium doping into several bioceramics has been associated with lowering the release rate of ionic constituents [17-21]. On the other hand, fluoride has been reported to boost the precipitation of apatite on 2SiO<sub>2</sub>-MgO-CaO bioactive glass and crystalline diopside [22-24]. Nonetheless, there are optimal incorporation levels of both dopants to meet the best bioactivity and biocompatibility of bioceramics including diopside [24, 25]. The hypothesis of this work, on which no studies have been reported to our knowledge, is that co-doping of fluoride and strontium into diopside may improve the biological behaviors of this bioceramic more than the mono-doped cases.

## **2. Experimental procedure**

### *2.1. Materials used*

In the current study, calcium chloride (CaCl<sub>2</sub>, Merck, > 98%), magnesium chloride (MgCl<sub>2</sub>, Merck, > 98%), silicon tetrachloride (SiCl<sub>4</sub>, Merck, > 99%), dry ethanol (C<sub>2</sub>H<sub>5</sub>OH, Merck, > 99%), and aqueous ammonia solution (NH<sub>4</sub>OH, Merck, 25%) were used to synthesize diopside powders. Also, strontium chloride (SrCl<sub>2</sub>, Merck, > 98%) and magnesium fluoride (MgF<sub>2</sub>, Alfa Aesar, > 99%) were utilized as the sources of doping agents.

### *2.2. Fabrication of scaffolds*

Undoped and doped diopside powders were synthesized by coprecipitation. For pure diopside, a same molar of CaCl<sub>2</sub> and MgCl<sub>2</sub> were dissolved in dry ethanol in an ice-water bath. After thorough dissolution, the proper content of SiCl<sub>4</sub> (giving the cationic

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stoichiometry of diopside) was added to the solution. For precipitation, ammonium hydroxide solution was added until pH reached to 10. After drying the obtained products at 100 °C, they were grounded and calcined at 700 °. The synthesis of the doped diopside powders was similar to the above procedure, with the difference that in case of Sr-doping, SrCl<sub>2</sub> was substituted for CaCl<sub>2</sub> at 2 mol%, yielding Ca<sub>0.98</sub>Sr<sub>0.02</sub>MgSi<sub>2</sub>O<sub>6</sub>. Additionally, 1 mol% fluoride was incorporated into diopside via the addition of MgF<sub>2</sub> before the usage of the ammonia solution, where the same molar amount of MgF<sub>2</sub> was subtracted from the molar content of MgCl<sub>2</sub> used to keep the molar ratio of Ca:Mg:Si=1:1:2 in diopside. For co-doping into diopside, CaCl<sub>2</sub>, MgCl<sub>2</sub>, SiCl<sub>4</sub>, SrCl<sub>2</sub> and MgF<sub>2</sub> were employed at the molar ratio of 0.98:0.95:2:0.02:0.05, giving the composition of Ca<sub>0.98</sub>Sr<sub>0.02</sub>MgSi<sub>2</sub>O<sub>5.95</sub>F<sub>0.1</sub>.

A sacrificial template method using a polyurethane foam with the open and interconnected porosity of approximately 25 pores per inch was utilized to fabricate scaffolds from the calcined powders. Briefly, the undoped and doped powders were separately suspended in 6 wt% polyvinyl alcohol aqueous solution under stirring and sonication. Cubic polyurethane foams were immersed in well-dispersed slurries and compressed for the penetration of the slurry into pores. In order to blow away the remained slurry and prevent blocking the pores, the immersed scaffolds underwent a compressed air flow. After drying the foams with a slightly warm flow, they were experienced a heat-treatment cycle as follows: firing at 400 °C for the decomposition of the polyurethane foam template and then sintering at 1200 °C at a heating rate of 5 °C/m.

### 2.3. Structural characterization of scaffolds

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X-ray diffraction (XRD, PANalytical, X'pert Pro MPD, Cu-K $\alpha$  radiation, step size: 0.03°, step time: 3 s) and Raman spectroscopy (Handheld Raman analyzer, Rigaku, wavenumber range: 200-2000 cm<sup>-1</sup>) were used for phase characterization and identification of bonding formed in the samples. Also, the sintered scaffolds were observed by field-emission scanning electron microscopy (FESEM, MIRA3TESCAN-XMU, accelerating voltage: 15 kV). The water Archimedes method was also used to measure the porosity level of the scaffolds [26].

#### *2.4. Apatite-forming ability and degradation of scaffolds*

The sintered scaffolds were immersed in the simulated body fluid (SBF) for 7 days at 37 °C. The ratio of the solution volume to the scaffold mass was equal to 200 ml.g<sup>-1</sup>. The scaffolds were then rinsed with water and dried at room temperature for 3 days. Afterwards, they were assessed by FESEM equipped with energy-dispersive X-ray spectroscopy (EDS) and Raman spectroscopy. The concentration of principal ions in the SBF was measured by inductively coupled plasma spectroscopy (ICP-OES, OES-730, Varian) before and after contact with the scaffolds. The pH value of the SBF during immersion was also reported as the averages of several measurements.

#### *2.5. Cytocompatibility*

2×10<sup>4</sup> of human osteosarcoma MG-63 cells in Dulbecco's modified Eagle's medium-low glucose (Gibco, USA) supplemented with 10% fetal bovine serum (Gibco, USA) and 1% penicillin-stroptomycine (Gibco, USA) were seeded onto the sterilized scaffolds (6×6×6 mm<sup>3</sup>) which were put individually in a 24-well plate. The scaffold-free cell-loaded medium

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was also used as the control. After the plates were left in an incubator for 24, 48, and 72 h at 37 °C in a humidified atmosphere of 95% air and 5% CO<sub>2</sub>, 50 µl of the MTT solution was poured to the well plates and they then were transferred to the incubator for 3 h. Afterwards, the culture medium was removed from the wells and 500 µl of dimethyl sulfoxide (DMSO) solution was added to each well. 250 µl of formazan crystals dissolved in the DMSO solution were transferred to a 96-well plate for measuring the optical density at 570 nm using a Stat Fax 2100 microplate reader. The cytocompatibility and cell viability data were analyzed using the one-way analysis of variance (ANOVA) with a *p*-value <0.05 as a statistically significance level for three repetitions.

### **3. Results and discussion**

#### *3.1. Structural characterization of scaffolds*

Fig. 1 shows the XRD patterns of the F- and co-doped powders calcined with the heat procedure of scaffolding (those of the undoped and Sr-doped samples have been provided in Ref. [25]). As can be seen, the patterns merely indicate the characteristic peaks of diopside (Ref. code: 00-017-0318). This suggests that the incorporation of F<sup>-</sup> and Sr<sup>2+</sup> at this level into diopside, in all of the mono- and co-doped cases, does not result in the formation of any secondary phases.

The Raman spectroscopic analysis of bonding was conducted on the fabricated scaffolds before immersion in the SBF (Fig. 2). In the Raman spectrum of pure diopside, peaks of 1016 and 848 cm<sup>-1</sup> are assigned to the non-bridging stretching modes of the Si-O bonding. The bridging stretching vibration of Si-O and the bending mode of O-Si-O are attributed to peaks of 664 and 507 cm<sup>-1</sup>, respectively [27]. The wavenumber range of 451-489

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$\text{cm}^{-1}$  contains the rocking vibrations of the siloxane (Si-O-Si) functional group [28]. The stretching modes of Mg-O and Ca-O are also pointed out from peaks of 393 and 364  $\text{cm}^{-1}$ , respectively. In addition, peaks of 325 and 236  $\text{cm}^{-1}$  can be attributed to the stretching modes of M-O, where M is Ca or Mg [29, 30]. Sr-doping leads to increases in the intensity of the peaks appearing in the range of 200-591  $\text{cm}^{-1}$ , in comparison to the Raman spectrum of pure diopside. Nonetheless, the other vibrational peaks exhibit decreases in intensity as a result of Sr-doping. In this sample, peak shifts of 8-10  $\text{cm}^{-1}$  toward lower wavenumbers are also detected for the non-bridging stretching modes of Si-O and Mg-O, giving peaks at 1008 and 383  $\text{cm}^{-1}$ . These variations in the Raman spectra as a result of Sr-doping, as evidences for the incorporation of strontium into diopside, on the one hand, are attributed to the larger ionic size of strontium compared to calcium. Because by the incorporation of larger-sized cations into pyroxenes, including diopside, the average band distance of the bridging and non-bridging Si-O is increased and decreased, respectively [31, 32]. On the other hand, the higher polarizability of Sr-O than Ca-O [33] explains the increase in the Raman intensity of the broad peak in the range of 200-591  $\text{cm}^{-1}$  due to the partial substitution of Sr for Ca. Compared to Sr, F-doping results in more significant variations in the Raman spectra of diopside. The peak of 1000  $\text{cm}^{-1}$  is related to the non-bridging stretching mode of Si-O, i.e. a peak shift of 16  $\text{cm}^{-1}$ . Also, the bridging stretching vibration of Si-O was shifted to the wavenumber of 655  $\text{cm}^{-1}$  with a significant decrease in intensity. The appearance of new peaks, including 1049 and 857 (the non-bridging stretching vibrations of Si-O [27]), 655 (the bridging stretching vibrations of Si-O [29, 34]), 563 (the bending vibrations of O-Si-O [27, 35]), 432 (five-fold rings of Si-O-Si [27, 35]), and 451-489  $\text{cm}^{-1}$  (the rocking vibrations of Si-O-Si [28]), is additionally a typical consequence of F-doping. Due to F-doping, the stretching

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vibration of Mg-O is also shifted to  $383\text{ cm}^{-1}$ ; furthermore, another additional adsorption band appears at  $797\text{ cm}^{-1}$  which corresponds to Si-F [36]. These significant variations are attributed to the higher bond strength of Si-F than Si-O, which dictates a change in the charge distribution on Si-O when a number of O-Si-O is converted to O-Si-F. The great ability of F in electron dragging from O enhances the covalent character of the Si-O bonds, thereby changes the bond polarizability and Raman vibrations. In the Raman spectrum of the co-doped scaffold, the peak shift for the stretching vibration of Mg-O to  $383\text{ cm}^{-1}$  and a new peak at  $797\text{ cm}^{-1}$  corresponding to Si-F [36] are recognized. Thus, the Raman spectroscopy infers that:

- a) The diopside structure has been formed in the sintered scaffolds, which is realized from the detected functional groups of this phase.
- b) The doping agents have been successfully incorporated in the samples, which is speculated from the variations detected in the peak intensity and wavenumber in the doped samples, in comparison to the pure samples.

The FESEM micrographs of the undoped diopside scaffold are shown in Fig. 3. The scaffolds contain a wealth of open and interconnected pores, with a pore size range of about  $300\text{-}700\text{ }\mu\text{m}$  and a median pore diameter of almost  $500\text{ }\mu\text{m}$ . The porosity percentage of the scaffolds was measured to be about 90-92% by the Archimedes densitometric method, which is anticipated to be desirable for tissue ingrowth, cell penetration, vascularization, and nutrient transport [37, 38]. According to the high-magnification FESEM micrograph of the scaffolds, the pore walls (struts) are porous and contain irregular-shaped particles of  $50\text{-}500\text{ nm}$  in size. It is noteworthy that these nanometer-to-micron sized pores and particles are useful for bioactivity.

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### 3.2. Apatite-forming ability and biodegradation of scaffolds

Fig. 4 shows the FESEM micrographs of the scaffolds after 7 days of incubation in the SBF. Based on the taken micrographs, the *in vitro* apatite-forming ability of the samples is comparatively enhanced in the following order: pure, co-doped, Sr-doped, and F-doped diopside scaffolds. Morphologically, apatite spheres were formed on the surface of the F-doped and Sr-doped scaffolds, whereas some sparse plates of apatite were observed on that of the pure diopside scaffold. In contrast, the co-doped scaffold reveals a combination of spheres and plates of apatite. Quantitatively, the mean diameter of the apatite spheres on the F-doped and Sr-doped scaffolds is 2.29 and 1.64  $\mu\text{m}$ , respectively, whereas the average thickness of the apatite plates on the pure and co-doped scaffolds is 38.4 and 45.4 nm, respectively. All of the formed apatites exhibit a leaf-like morphology, according to the high-magnification micrographs.

The Raman spectra of the samples after immersion in the SBF are depicted in Fig. 5. In comparison to the spectra before immersion (Fig. 2), for the pure diopside scaffold, two new peaks are emerged at the wavenumbers of 958 and 1081  $\text{cm}^{-1}$ , which can be assigned to the stretching vibration modes of P-O ( $\nu_3$ ) and P-O ( $\nu_1$ ) in the phosphate ( $\text{PO}_4^{3-}$ ) group, respectively [39, 40]. Also, the peak of 1081  $\text{cm}^{-1}$  is associated to the carbonate ( $\text{CO}_3^{2-}$ ) functional group [41]. The decrease in the intensity of the two peaks at 848 and 1016  $\text{cm}^{-1}$  (related to the bridging stretching mode of Si-O) after soaking in the SBF can be attributed to the formation of the silanol (Si-OH) functional group due to the release of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  [42]. Concerning the Sr-doped sample, peaks of 433 and 591  $\text{cm}^{-1}$  are assigned to the bending vibration mode of O-P-O ( $\nu_2$ ) and ( $\nu_4$ ) in the phosphate group of hydroxyapatite, respectively

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[39, 40, 43]. The typical peak of  $983\text{ cm}^{-1}$  corresponds to the stretching vibration of P-O ( $\nu_1$ ) in the phosphate group [39, 40]. Additionally, peaks of  $1049$ ,  $1089$  and  $1113\text{ cm}^{-1}$  are attributed to the stretching vibration of P-O ( $\nu_3$ ) in the phosphate groups [43, 44]. The peaks of  $691$  and  $1073\text{ cm}^{-1}$  are also related to the vibrations of C-O ( $\nu_4$ ) and ( $\nu_1$ ) in the carbonate group [41]. In the Raman spectrum of the F-doped samples, peaks of  $403$  and  $432\text{ cm}^{-1}$  correspond to the bending vibration mode of O-P-O ( $\nu_2$ ) in the phosphate group [39, 40, 43]. The bending vibrations of O-P-O ( $\nu_4$ ) and O-C-O ( $\nu_4$ ) are also observed at the wavenumbers of  $618$  and  $713\text{ cm}^{-1}$ , respectively [40, 41, 43]. Two peaks of  $1008$  and  $1081\text{ cm}^{-1}$  are respectively indicative of the stretching vibration of P-O ( $\nu_1$ ) and C-O ( $\nu_1$ ) in the hydrogen phosphate ( $\text{HPO}_4^{2-}$ ) and carbonate groups [39-41, 44, 45]. The peak formed at the wavenumber of  $1121\text{ cm}^{-1}$  is attributed to the stretching vibration of P-O ( $\nu_3$ ) in the functional group of hydrogen phosphate [40]. Three peaks of  $1412$ ,  $1452$  and  $1488\text{ cm}^{-1}$  are also related to C-O ( $\nu_3$ ) in the carbonate functional group of carbonate fluorapatite [41]. In the Raman spectrum of the immersed co-doped scaffold, the bending vibration of O-P-O ( $\nu_2$ ) in the hydrogen phosphate group is observed at  $354$  and  $412\text{ cm}^{-1}$ . Also, the wavenumbers of  $432$  and  $451\text{ cm}^{-1}$  are related to the bending vibration of O-P-O ( $\nu_2$ ) in phosphate group. The wavenumbers of  $526$  and  $618\text{ cm}^{-1}$  are assigned to the bending vibration of O-P-O ( $\nu_4$ ) in the phosphate group [39, 40, 43, 44]. The stretching vibration of P-O ( $\nu_1$ ) in the phosphate group is also observed at  $958\text{ cm}^{-1}$ . Three peaks at  $691$ ,  $709$  and  $866\text{ cm}^{-1}$  correspond to C-O ( $\nu_4$ ) in the carbonate functional group. Peaks of  $1073$  and  $1459\text{ cm}^{-1}$  are also attributed to C-O ( $\nu_1$ ) and C-O ( $\nu_3$ ), respectively, in the carbonate functional group [41]. The relatively weak peak at  $637\text{ cm}^{-1}$  is indicative of the hydroxyl ( $\text{OH}^-$ ) group. The following conclusions can be drawn from the Raman spectroscopic analyses:

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- i) The precipitates formed on the scaffold surfaces due to incubation in the SBF, as characterized by the FESEM analysis (Fig. 4), are hydroxycarbonate apatite ( $\text{Ca}_5(\text{PO}_4)_3\text{x}(\text{CO}_3)\text{xOH}$ ), showing their *in vitro* bioactivity.
- ii) Comparing the variations in the spectra before and after soaking in the SBF, the apatite-forming ability ranking of the scaffolds realized from the FESEM observations is verified, i.e. F-doped > Sr-doped > co-doped > undoped diopside.

Fig. 6 indicates the ICP concentration of Ca, Si, Mg, Sr, F and P ions in the SBF after 7 days of contact with the scaffolds. In comparison to the fresh SBF, the concentration of Ca is increased for all the immersed scaffolds. This variation is a sign of biodegradation and vital for apatite precipitation through making a supersaturated microenvironment. In other words, the final amount of this ion in the SBF is determined by a compromise of apatite precipitation and matrix dissolution. Since this ion exists in both the fresh SBF and diopside, the variations in its concentration after immersion cannot be used as a criterion for the evaluation of the apatite-forming ability level. For all the immersed scaffolds, the concentration of Si and Mg is also increased, due to dissolution of the scaffolds. The lowest level of Si in the SBF is detected for the F-doped diopside scaffold, which is attributed to the higher electronegativity of F than O and the stronger bond strength Si-F than Si-O [24, 46]. The larger radius of  $\text{Sr}^{2+}$  in comparison to  $\text{Ca}^{2+}$  also explains the limited release of Si from the Sr-doped scaffold [18, 47]. The higher level of Si degradation for the co-doped sample is owing to the fact that the simultaneous use of F and Sr negates the inhibitory effect of each species. Sr is more electropositive than Ca and Mg; therefore, the bond strength of Sr-F is higher than Mg-F and Ca-F. The lower release amounts of Sr and F ions from the co-doped scaffold with respect to the release of Sr and F ions from the Sr- and F-doped scaffolds, respectively, verifies the high

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bond strength of Sr-F. It dictates a change in the charge distribution on the Si-O bond in the  $\equiv\text{Si-O-Sr-F}$  group and facilitates the release of Si ions in the co-doped scaffold in comparison to the Sr- and F-doped ones. Since the fresh SBF has no Si ions, the concentration of Si ions in the SBF after immersion was employed as a criterion for measuring the weight loss of the scaffolds, using the following equation:

$$d = (C_{\text{Si}} \times V_{\text{S}}) / m_{\text{Si}} \times 100 \quad (1)$$

where  $C_{\text{Si}}$ ,  $V_{\text{S}}$  and  $m_{\text{Si}}$  represent the concentration of Si in the SBF, the volume of the SBF (ml) and the Si content (mg) of the samples immersed in the SBF, respectively. The weight loss of the pure, Sr-, F-, and co-doped diopside scaffolds after immersion in the SBF was calculated to be 4.17, 3.33, 3.26, and 3.57 %, respectively. That is, all the doped scaffolds show lower weight losses compared to the pure one. Also, the F-doped scaffold possesses the least level of degradation. The trend and reasons of the variations in the concentration of Mg of the SBFs resemble Si. More importantly, because of the lack of P in the scaffolds and the direct consumption of this ion from the SBF toward apatite precipitation, the final value of this species in the SBF is regarded as a criterion to compare apatite-forming ability. In agreement with the FESEM and Raman analyses, the ICP analysis of P also verified that the bioactivity of the scaffolds ranks as the F-doped > Sr-doped > co-doped > undoped samples.

To correlate the bioactivity and bioresorbability of the scaffolds, the pH variations of the SBF in contact with the immersed scaffolds was also measured (Fig. 7). Before immersion, the fresh SBF had pH=7.4. After contact with all scaffolds, pH is enhanced until the 4th and 5th day, but it then faces a decrease until the 7th day. This enhancement is indicative of the decrease in the concentration of  $\text{H}^+$  or  $\text{H}_3\text{O}^+$  in the SBF, due to exchanges with  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ , and  $\text{Sr}^{2+}$  released from the scaffolds as detected by the ICP analysis. The

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consequent decrease in pH is due to the domination of the formation of hydroxyapatite (realized by the FESEM and Raman analyses) consuming  $\text{OH}^-$  in the SBF. During this period of incubation, the pH values mainly rank as: undoped > co-doped > F-doped > Sr-doped. Regarding Sr, the presence of this species in bioceramics indicates different contributions to biodegradation and pH variations in the SBF. As an example, Zhu et al. [21] investigated the effect of Sr substitution for Ca in amorphous  $\text{CaSiO}_3$ . They showed the pH value of the SBF is decreased by increasing the percentage of Sr. In contrast, Zreiqat et al. [48] found an increasing trend of pH when the SBF is exposed to Hardystonite ( $\text{Ca}_2\text{ZnSi}_2\text{O}_7$ ) with the 5 mol% replacement of Ca by Sr. For the F-doped sample, the less pronounced upswing of pH in comparison to pure diopside up to the 5th day of soaking is related to, on the one hand, the minor liberation of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ , limiting the consumption of  $\text{H}^+$  ( $\text{H}_3\text{O}^+$ ). On the other hand, the incorporation of fluoride in diopside causes the formation of  $\equiv\text{Si-F}$ ,  $\equiv\text{Si-O-Ca-F}$  and  $\equiv\text{Si-O-Mg-F}$  bonds. Considering the same electrical charge of fluoride and hydroxyl anion,  $\text{OH}^-$  can be directly replaced with  $\text{F}^-$ , creating  $\equiv\text{Si-OH}$ ,  $\equiv\text{Si-O-Ca-OH}$  and  $\equiv\text{Si-O-Mg-OH}$  bonds in turn. This consumption source of hydroxyl buffers the early increase of pH for the F-doped sample. The higher value of pH for the co-doped sample, with respect to Sr- and F-doped diopside, is also attributed to the more degradation of the cations and the lower release of  $\text{F}^-$  from this sample toward the SBF, as realized by the ICP analysis.

Based on the FESEM, Raman, and ICP analyses, the apatite-forming ability of the samples was ranked as: F-doped > Sr-doped > co-doped > undoped samples. The highest apatite-forming ability rank of the F-doped sample is attributed to fluoride incorporation into apatite formed on its surface, because this ion enhances the stability of apatite against dissolution [49-52]. The incorporation of fluoride is inferred from the carbonate vibrations of

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1412, 1452 and 1488  $\text{cm}^{-1}$  associated with fluorocarbonate apatite in the Raman spectrum of the F-doped sample after immersion in the SBF (Fig. 5). Also, the exchange of  $\text{F}^-$  released from the sample with  $\text{OH}^-$  of the SBF increases the level of surface silanol (Si-OH) functional groups which play an essential role in the apatite nucleation and bioactivity [53]. The comparative apatite-forming ability rank of the co-doped sample can be explained by comparing the degradation rate of this sample with the other samples (Fig. 6). In comparison to undoped diopside, as well as the positive contributions of  $\text{F}^-$  and  $\text{Sr}^{2+}$ , the less release of  $\text{Mg}^{2+}$  from the co-doped sample is beneficial for bioactivity, because  $\text{Mg}^{2+}$  ions retards the formation of calcium phosphate. This is due to the competitive bonding between magnesium, rather than calcium, and phosphorus ions on the bioceramic surface [54]. In comparison to F-doped diopside, the lower release of  $\text{F}^-$  from co-doped diopside contributes to the lower incorporation of this anion into apatite, as realized from the reduced intensity of the carbonate peak at 1459  $\text{cm}^{-1}$  (related to fluorocarbonate apatite). This results in a decrease in the dissolution resistant of the formed apatite and thereby in bioactivity compared to the F-doped sample. Also, the decrease in the release of fluoride brings about a reduction in the replacement with hydroxyl anions and consequently in the formation of surface Si-OH groups. The lower bioactivity of the co-doped sample with respect to the F-doped one suggests that the explained contribution of fluoride prevails over the positive contribution of  $\text{Sr}^{2+}$ . Finally, the lower bioactivity of the co-doped sample compared to the Sr-doped sample is attributed to the lower release of Sr from this sample. The positive role of  $\text{Sr}^{2+}$  in bioactivity can be attributed to its exchange with  $\text{H}^+$  or  $\text{H}_3\text{O}^+$  and hence the creation of silanol functional groups. That is, the contribution of  $\text{Sr}^{2+}$  prevails over that of  $\text{F}^-$ , in the bioactivity comparison of the Sr- and co-doped samples.

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### 3.3. Cytocompatibility of scaffolds

In order to evaluate cytotoxicity induced by ions released from the scaffolds, the MTT assay was used after the MG-63 cell cultures on the samples for 24, 48, and 72 h (Fig. 8). The increase in the number of viable cells (optical density values) from 24 h to 72 h is indicative of effective cell proliferation on the surfaces. Considering the significance level of  $p < 0.05$ , the cytocompatibility of the samples is almost equivalent at the culture time of 24 h. However, for the culture periods of 48 and 72 h, the number of viable cells on the F- and co-doped samples is less than the pure and Sr-doped scaffolds. That is, Sr-doping is beneficial to cytocompatibility with respect to osteoblast-like MG-63 cells, which is compatible with the literature [18, 48, 55-60]. In contrast, F-doping at this level, despite the most positive effect on bioactivity in comparison to the other samples (Figs. 4, 5, and 6), lowers the cytocompatibility of diopside, so that even Sr-doping is not able to compensate this deterioration in the case of co-doping. Regarding the reduced cytocompatibility of the co-doped sample, as well as the negative effect of fluoride, the decrease in the level of advantageous Sr ions released into the medium (Fig. 6) is noticeable.

## 4. Conclusions

In this work, the structure (including bonding, and porosity), apatite-forming ability, biodegradation, and cytocompatibility of highly porous pure, Sr-doped, F-doped and co-doped diopside scaffolds were investigated. The following conclusions were drawn from this study:

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- a) Sr and F ions were successfully incorporated into diopside via the coprecipitation method used in this research.
- b) The apatite-forming ability level of the samples was enhanced in the following order: undoped, co-doped, Sr-doped, and F-doped diopside.
- c) A compromise between biodegradation and F incorporation into apatite was detected to explain the bioactivity difference of the samples.
- d) Sr- and co-doped scaffolds exhibited the highest and lowest cell viability with respect to osteoblast-like MG-63 cells to 72 days of culture, respectively.

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## Figures

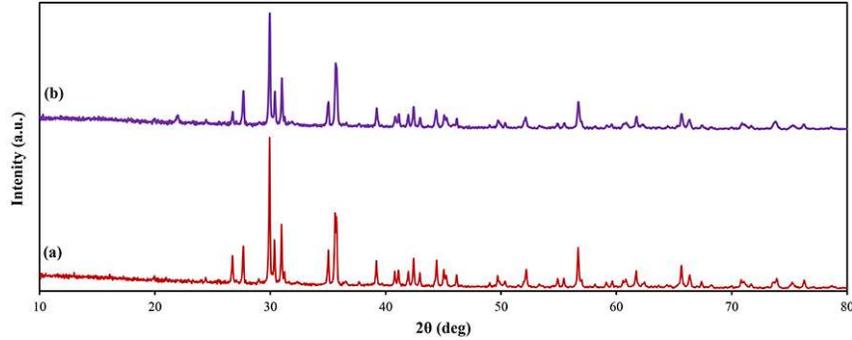


Fig. 1. XRD patterns of the F-doped (c), and co-doped (d) samples. All peaks are assigned to diopside.

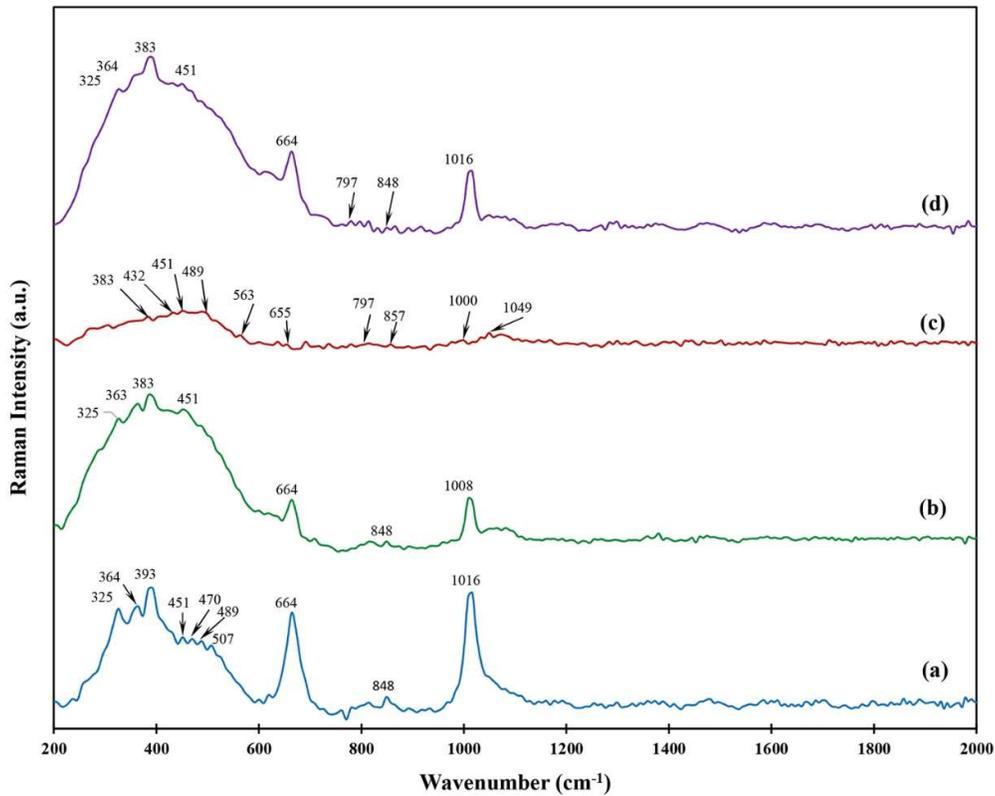


Fig. 2. Raman spectra of the pure (a), Sr-doped (b), F-doped (c), and co-doped (d) diopside scaffolds after sintering.

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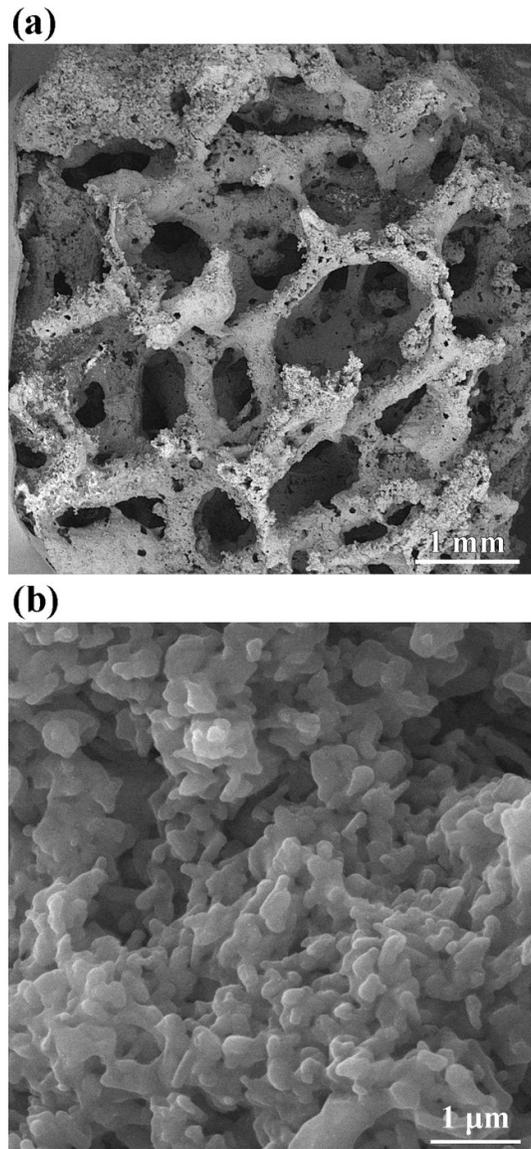


Fig. 3. FESEM micrographs of the pure diopside scaffold in two magnifications (a, b).

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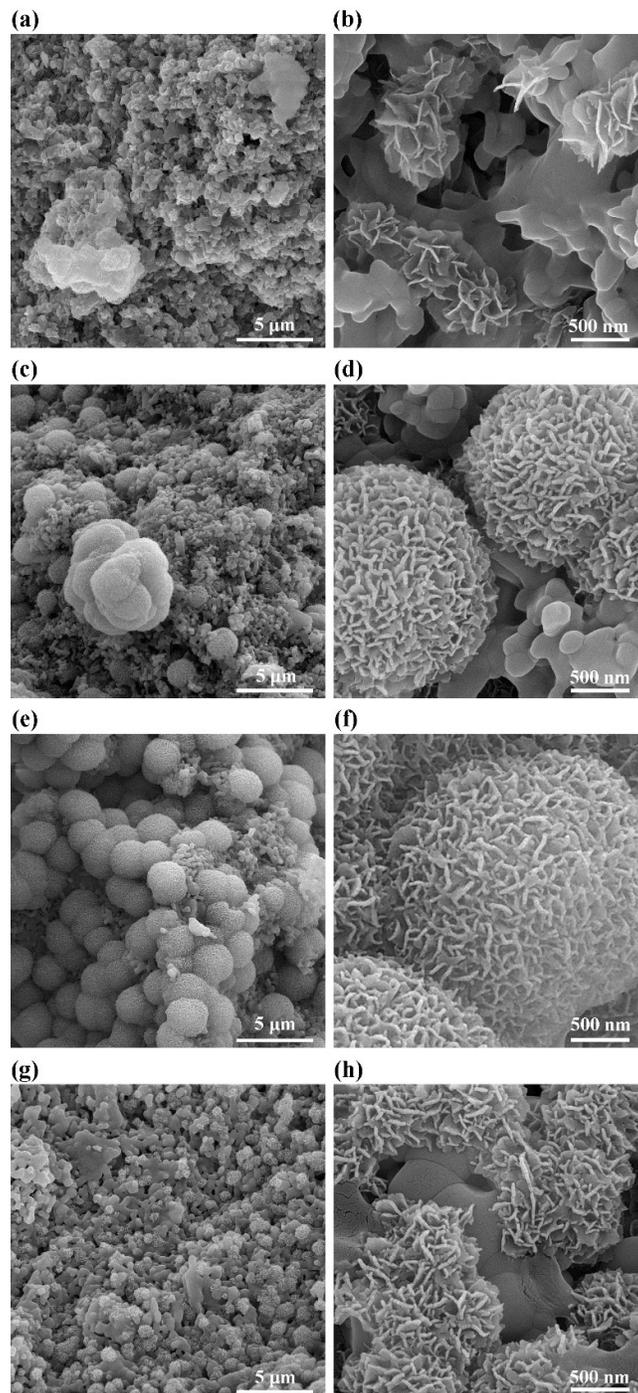


Fig. 4. Low- and high-magnification FESEM micrographs of the pure (a, b), Sr-doped (c, d), F-doped (e, f), and co-doped (g, h) diopside scaffolds after soaking in the SBF for 7 days.

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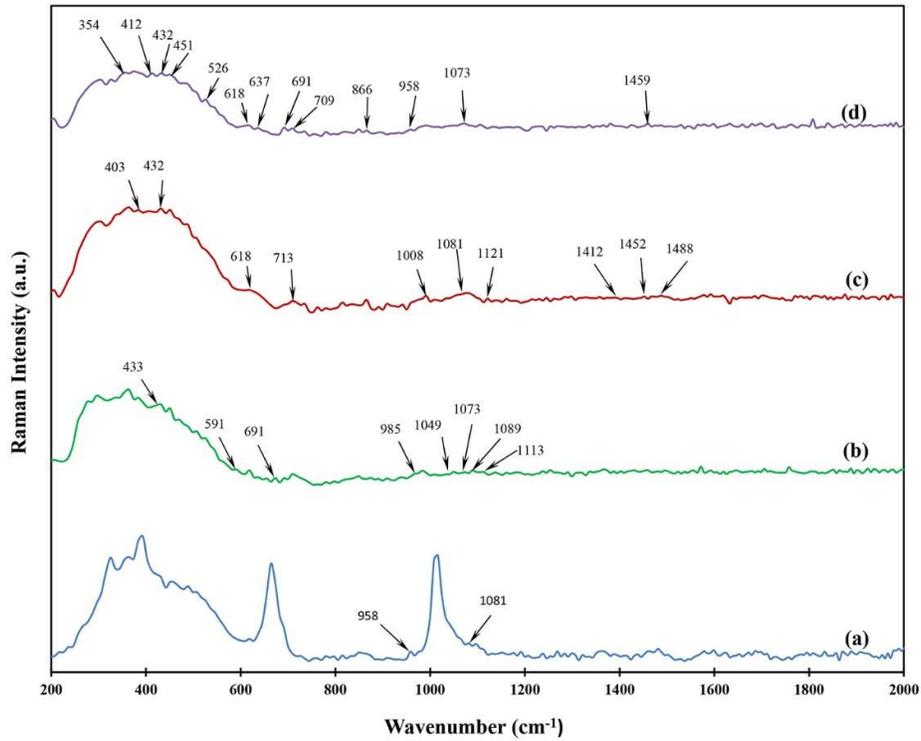


Fig. 5. Raman spectra of the pure (a), Sr-doped (b), F-doped (c), and co-doped (d) diopside scaffolds after soaking in the SBF for 7 days.

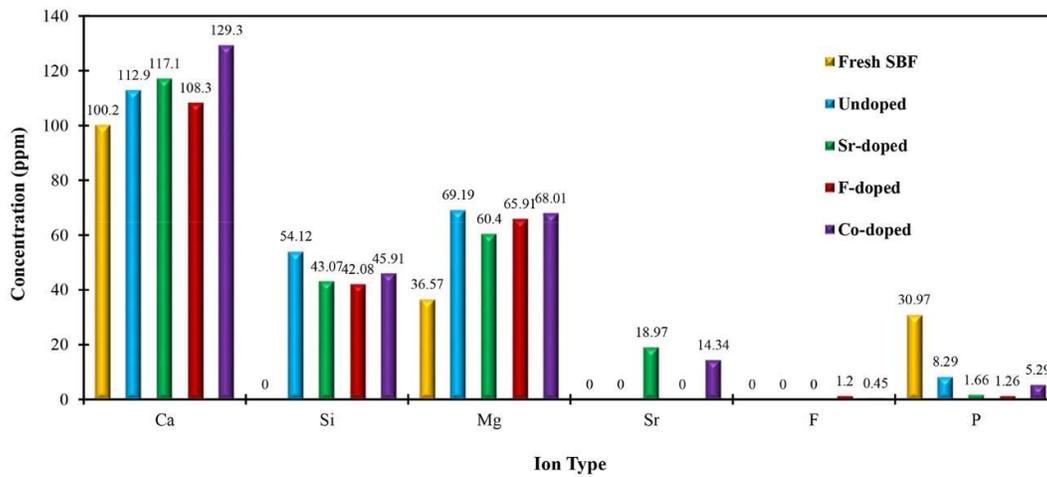


Fig. 6. ICP results on the SBF after 7 days of contact with the scaffolds.

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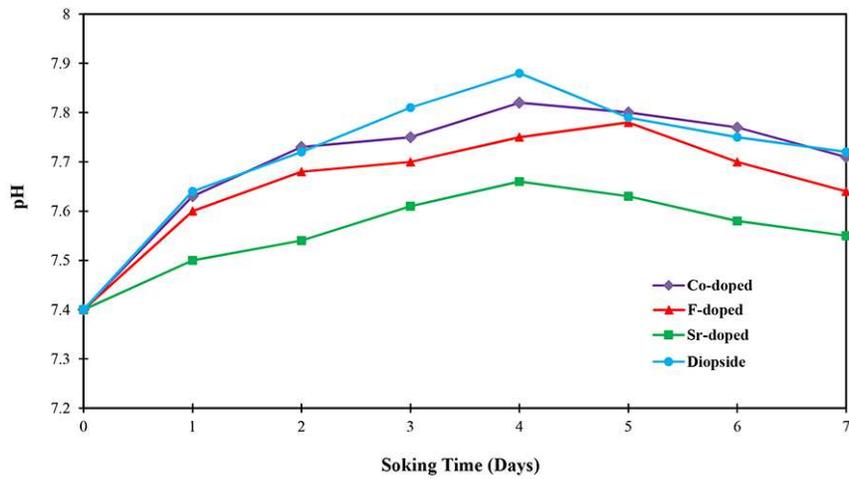


Fig. 7. pH variation of the SBF in contact with scaffolds.

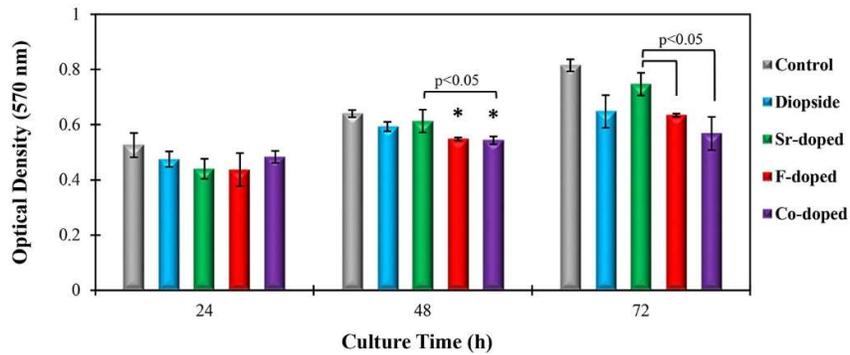


Fig. 8. MTT results on the cell cultures. The scaffold-free culture medium was used as the control.  $P < 0.05$  was considered as the significance level. \* indicates the significant difference with respect to the undoped sample.